

Easy Preemie Quilt

Permission to use this pattern granted by the Fraser Valley Quilters Guild, Surrey, BC.



Introduction

This pattern is especially designed to meet the requirements of a preemie quilt for use in a special care nursery. Please use 100% cotton fabrics for top and flannelette for backing. Colorful juvenile or animal-face prints work well to add a bit of cheer. **Do not use monofilament thread or tie the quilt.**

Size

Approximately 36" square.

Materials Needed

- ♥ **Quilt top:** .8 meter (approx. $\frac{3}{4}$ yd.) of dark 45" fabric. .7 meter (approx. $\frac{3}{4}$ yd.) of light 45" fabric.
- ♥ **Binding:** (4 strips cut 2" wide by width of fabric)
- ♥ **Backing:** Approximately 38" by 38" sq. of flannelette
- ♥ **Batting:** Approximately 38" by 38" sq. piece of batting

Directions

Center Square

Cut 13 - $3\frac{1}{2}$ " squares of dark fabric Cut 12 - $3\frac{1}{2}$ " squares of light fabric Alternate light and dark squares as shown in photo above. Stitch together, using $\frac{1}{4}$ -inch seams.

First Border

Cut four $1\frac{1}{2}$ " x 20" strips of light fabric. Place right sides together against center square and stitch as a border. Miter or butt corners as desired.

Second Border

Cut several $3\frac{1}{2}$ " strips of dark fabric and add as a border to the square. Miter or butt corners as desired.

Third Border

Cut several $3\frac{1}{2}$ " strips of light fabric and add as a border around the square. Miter or butt corners as desired.

Fourth Border

Before cutting strips for the fourth border, check size of quilt top against backing fabric or flannelette. Cut strips from dark fabric to fit. Quilt top should measure about 36" square.

Finishing

Press quilt top and backing. Place backing right side down, layer with batting and quilt top (right side up). Baste, machine quilt and bind as desired. *Be sure to NOT tie or use monofilament thread.*